

Towards Wellbeing (TWB)

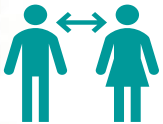
Consultation and Monitoring Programme for Oranga Tamariki of Young People experiencing suicidal behaviour, delivered by Clinical Advisory Services Aotearoa (CASA)

Poipoia te kakano, kia puāwai – Nurture the seed and it will blossom.

Towards Wellbeing (TWB) is a programme which supports Oranga Tamariki social worker/s to provide the best support to your young person and their whānau/Caregiver. Our TWB Clinical Advisors are experienced mental health clinicians who are dedicated to improving oranga (wellbeing) of tamariki and whānau.

Oranga Tamariki Social workers will contact TWB when they are concerned about the suicidal behaviour of tamariki and rangatahi they are working with. TWB Clinical Advisors work remotely (i.e. over the phone/computers) so they will not have any direct involvement with tamariki or whānau. Instead, TWB Clinical Advisors will work alongside your social worker to get to know your situation for your young person and their whānau/caregivers, your goals and needs; and provide clinical advice to the social workers about recommendations to keep tamariki and whānau safe, healthy and supported.

What does TWB do?



Provides advice and recommendations to your social worker regarding managing suicide concerns and improving mental health and wellbeing.



Assists your social worker in creating collaborative safety plans that will help your whānau/caregivers feel confident about responding to suicidal behaviour.



Provides your social worker with resources to give to you so that you feel empowered and informed about how to support your young person experiencing suicidal behaviour and to focus on improving wellbeing.



Assists your social worker to identify appropriate support services within your community to improve the wellbeing of tamariki and whānau.



Maintains regular contact with your social worker; reviewing progress and concerns; and offering new recommendations as your situation changes.



Assist with closure planning; to minimise risk and to maintain whānau wellbeing when Oranga Tamariki are closing.

If you have any concerns regarding the suicide risk and wellbeing of your tamariki, please discuss them with your social worker. TWB will be in the background to support your social worker to identify and manage risks and improve wellbeing.